



ਏਹੀ ਕਰਮ ਧਰਮ ਜਪ ਏਹੀ; ਰਾਮ ਨਾਮ ਨਿਰਮਲ ਹੈ  
ਗੀਤਿ ॥

ਸਿਮਰਿ ਸਿਮਰਿ ਨਾਨਕ ਸੁਖੁ ਪਾਇਆ; ਆਦਿ  
ਜੁਗਾਦਿ ਭਗਤਨ ਕੇ ਮੀਤ ॥

Ehi karam dharam jap ehi; Raam Naam nirmal hai reet.  
Simir simir Naanak sukh paaiaa; aad jugaad bhagtan ke meet.

This is the deed, this the worship — the Lord's Name is the pure way of life. Contemplating again and again, Nanak has found peace; from the very beginning, the Lord is the Friend of His devotees.

Guru Arjan Dev Ji — Ang 716

Sri Guru Granth Sahib Ji

